Dear Friends,

I continue to be so impressed with our OSUE professionals. What an amazing show of force at the NEA4-HA conference in New Orleans! We are well represented on the board, as task force chairs, presenters, and volunteers. OH...IO rocked NOLA! Go Bucks!
Best wishes,

Jackie

Welcome! . . .

Lauren Vargo
Program Coordinator, CD/ANR
Cuyahoga County
vargo.104@osu.edu
Supervisor: Nicole Debose
Family Addition . . .
Congratulations to Alisha Faudie, Geauga County 4-H Program Assistant and her husband, Anthony, on the birth of their daughter, Nova Renee, born Monday, September 26th at 11:03 p.m., weighing 8 lbs. 10 oz. and 19” long. Everyone is doing well at home.

Position Announcement . . .
Program Assistant, SNAP-Ed
Ashtabula County, Jefferson, OH
JR# 422074
.75 FTE
Post Date: October 1, 2016
Deadline Date: October 16, 2016
To Apply

Director’s Drop-In . . . (Source: Roger Rennekamp)
The Inaugural Leadership Summit held last week was a great success! Thanks to the OSU Extension folks who attended the event and made time to talk about leadership principles and practices. The leadership lessons shared by Jim Kouzes were fantastic, and the panel discussion after lunch truly helped round out the day with real-life insights from several local key leaders. It was quite the panel of experts; and it was great to have Dr. Bruce McPheron, our former dean and now university executive vice president and provost, share his thoughts as part of the panel.

I know a number of Jim’s key points really hit home for many of us, and I encourage our Extension faculty and staff who attended to spend some time thinking about how you can incorporate Jim’s message into your daily work and personal life. There were so many good, and immediately applicable suggestions, that I hope you also share what you learned with your co-workers who couldn’t attend the event. And please visit http://u.osu.edu/leadershipsummit for links to more information about Jim’s work in leadership education.

We all have numerous opportunities to be a leader every day, and I hope – whether or not you attend a program such as the summit last week – that all of our employees make time for some type of leadership development in your plan of work this year. It’s important for each of us to see what’s going on “out there,” take stock of where we are in our own leadership skills, and spend some time improving how we do what we do.

Kudos and many thanks to the Inaugural Leadership Summit steering committee (listed online) for planning an excellent day and setting the bar high for the next Leadership Summit. I’m excited to see what’s next!

Request from North Central Region Aging Network . . . (Source: Pat Bebo)
Greetings! The North Central Region Aging Network (NCRAN), a network of Extension specialists and educators responsible for supporting programming efforts on aging-related topics in our respective states, is currently conducting a needs assessment survey. This short survey is designed to be taken by all Extension educators, specialists, and administrators across all 12 states of our region, regardless of areas of focus (i.e., 4-H, agriculture, community development, family & consumer sciences).

The goal of the survey is to gain an understanding of the aging-related needs of our states and region, as well as the current status of aging-related programming.

Four participants will be randomly selected from each state to receive a $25 amazon.com gift card. In order to be eligible, you must complete the survey by October 14th.

To complete the survey, please click here. It is strongly recommended that you do not complete the survey on a smartphone, as the formatting for some questions is not compatible. Instead, please use a tablet or laptop/desktop computer. Thank you for your participation!

*Note: If the above hyperlink does not direct you to the survey, you can access it here: https://kstate.qualtrics.com/SE/?SID=SV_5dyTET7ny98wxmZ

**This survey is originating from Kansas State University.
October PCard Deadline . . . (Source: Brian McClain)
The October PCard deadline is Friday, October 28 for the university. In order to ensure that all PCards transactions are approved and reallocated for October, **FAES is using Thursday, October 27 as the PCard deadline.** This will allow for the PCard transactions to be completed before Friday and hopefully prevent many of us from staying late on Friday. Your reallocator and many others thank you.

2016 OSU Extension Annual Conference Request for Proposals . . .

Don’t let the time get away from you, apply now to present at the [2016 Ohio State University Extension Annual Conference](http://go.osu.edu/2016EAC) and let your peers know about all the wonderful things you have been doing.

For this year’s conference three types of proposals will be accepted: 60 minute Presentations, Posters, or 5 minute Ignite Sessions. The theme is “Investing for Impact!”, be it investing in people, your work, or your goals. To see the full RFP visit [http://go.osu.edu/2016EAC](http://go.osu.edu/2016EAC) or to submit your proposal go to: [http://go.osu.edu/EAC_2016RFP](http://go.osu.edu/EAC_2016RFP). RFP deadline is **11:59 PM on Wednesday, October 19**.

Prizes are given to the top posters – so freshen up that poster you did for your National Conference.

Introducing Health Reimbursement Accounts (HRA) . . . (Source: Office of Human Resources [hr.osu.edu](http://hr.osu.edu))

One of the changes in our approach to 2017 wellness incentives is the introduction of Health Reimbursement Accounts (HRA).

**What is an HRA?**

An HRA is an employer-funded account from which you can be reimbursed tax-free* for eligible health care expenses. Participants will be able to earn credits to the HRA after completion of wellness activities as part of the [Your Plan for Health (YP4H)](http://hr.osu.edu) Incentive Program. An HRA is similar to a Health Care Flexible Spending Account (FSA) and can be used to pay for expenses such as copayments, coinsurance and deductibles.

**What do I need to do?**

Ohio State faculty and staff enrolled in an Ohio State medical plan will be eligible to earn HRA credits starting in January 2017 instead of Amazon gift cards.

Through participation in YP4H activities, you can earn up to $150 in credits for your HRA in 2017. Another $150 can be earned by your enrolled spouse or same-sex domestic partner.

HRA credits are earned with the completion of each YP4H incentive level:

- **$25 in HRA credits** – Level 1, complete the Personal Health Assessment (PHA) with biometrics to move on to Level 2.
- **$50 in HRA credits** – Level 2, participate in additional YP4H activities needed to move on to Level 3.
- **$75 in HRA credits** – Level 3, participate in additional YP4H activities.

An HRA will automatically be set up for you after completion of Level 1.

Learn More

The [Open Enrollment](http://hr.osu.edu) website provides additional details about HRAs and other benefit changes for 2017. Open Enrollment for 2017 benefits is November 1-15, 2016.
Update on University General Records Retention Schedule . . . (Source: onCampus Today)
In early September, the University Archives launched the most up-to-date University General Records Retention Schedule. All employees are encouraged to review the new retention schedule to make sure they are following the latest requirements. The schedule has been highlighted to identify additions and changes. In particular, note changes to records maintained by centralized campus units (page 3), expanded definitions for “Active +” for various record types and significant changes to the human resources records.
→ Read more
→ Contact or 614-292-3271

New Address for ASSIST Online Help . . . (Source: Ric Hunter)
On Friday, October 14, the online ASSIST online help tool for Ohio State Administrative Systems will move from its current location to https://assist.ocio.osu.edu.

While no user training or re-training is required due this change, system users should update any bookmarks and favorites using the new address. For an interim period, the old ASSIST links will re-direct to the new pages.

If you have additional questions about this change or difficulty using ASSIST, please submit a request to the IT Service Desk through Self Service or by contacting the IT Service Desk via 8help@osu.edu or 614-688-HELP (4357).

Time Out 4 Health Email Challenge Invite . . .

Time Out 4 Health Fall Email Wellness Challenge

Sign up for the Ohio State University Extension, Live Healthy Live Well 6 week Email Wellness Challenge.

Two weekly e-mails will be sent directly to you from your local OSU Extension Family and Consumer Sciences Professional.

Participants will:
• Explore ways to take time out for health and wellness.
• Be encouraged, motivated and supported to take time for wellness.
• Track progress on wellness goals during the challenge.
• Increase physical activity to include at least 30 minutes of movement five times per week.
• Learn strategies to help you Take Time 4: fun, relationships, others, self, movement, healthy foods, sleep, and laughter.

What does it cost? Nothing – it is free!

Who can participate? Any adult with an email account.

How do I sign up? Look at the chart below and find your county. Go to the link listed beside your county and register.
Auglaize and Mercer .................. http://go.osu.edu/AugMerLHLWF16
Clark ...................................... http://go.osu.edu/CLALHLWF16
Clermont ................................ http://go.osu.edu/CLMLHLWF16
Darke ..................................... http://go.osu.edu/DARLHLWF16
Fairfield ................................. http://go.osu.edu/FAIRLHLWF16
Fayette .................................. http://go.osu.edu/FAYLHLWF16
Franklin .................................. http://go.osu.edu/FRANLHLWF16
Fulton .................................... http://go.osu.edu/FULTLHLWF16
Greene .................................... http://go.osu.edu/FAYLHLWF16
Hardin .................................... http://go.osu.edu/HARDLHLWF16
Lawrence ................................. http://go.osu.edu/SCILAWLHLWF16
Lucas ..................................... http://go.osu.edu/LucasLHLWF16
Mahoning ................................. http://go.osu.edu/MAHONLHLWF16
Marion .................................... http://go.osu.edu/MarionLHLWF16
Medina .................................... http://go.osu.edu/MEDINALHLWF16
Lawrence ................................. http://go.osu.edu/SCILAWLHLWF16
Lucas ..................................... http://go.osu.edu/LucasLHLWF16
Mahoning ................................. http://go.osu.edu/MAHONLHLWF16
Marion .................................... http://go.osu.edu/MarionLHLWF16
Medina .................................... http://go.osu.edu/MEDINALHLWF16
Morrow .................................... http://go.osu.edu/MORWLHLWF16
Ottawa .................................... http://go.osu.edu/OTTSANDLHLWF16
Perry ..................................... http://go.osu.edu/PERRYLHLWF16
Pickaway .................................. http://go.osu.edu/PickLHLWF16
Pike ........................................ http://go.osu.edu/PIKELHLWF16
Ross ....................................... http://go.osu.edu/RossLHLWF16
Sandusky .................................. http://go.osu.edu/OTTSANDLHLWF16
Scioto ..................................... http://go.osu.edu/SCILAWLHLWF16
Trumbull .................................. http://go.osu.edu/TRUMLHLWF16
Vinton ..................................... http://go.osu.edu/VINTLHLWF16
Washington .............................. http://go.osu.edu/WASHLHLWF16
Wayne ..................................... http://go.osu.edu/WAYLHLWF16
Wood ....................................... http://go.osu.edu/WOODLHLWF16

If your county isn’t listed, you may register with this link: http://go.osu.edu/YP4HLHLWF16

For more information, contact Lisa Barlage, barlage.7@osu.edu or Michelle Treber, treber.1@osu.edu

Blog Links . .
• CFAES Weekly News Digest – http://u.osu.edu/cfaesadmin
• Extension Director, Roger Rennekamp – http://u.osu.edu/conspectus/
• Community Development – http://u.osu.edu/extensioncd/
• OSU Extension Ed Tech – http://u.osu.edu/extensionedtech/

Award Nominations . . . NEW SECTION!

Chi Epsilon Sigma – Due October 31
• Newsletter, Brochure and Website Contest
• Dorothy Rex Inspiration Award

Schindler Excellence in CD Award – Due November 1

National Meeting Information . . .

• October 24-27, 2016 in beautiful Cape May, New Jersey
• The site of the 2016 meeting is The Grand Hotel of Cape May.
Important Dates and Deadlines . . .
If there are dates that apply to many that you would like to see included in this section of the newsletter, please send them to Vicki at myers.26@osu.edu.

OCTOBER:
9-13 – NAE4-HA Conference, New Orleans
12-14 New Educator Workshop
17 – JCEP Meeting, Ag. Admin. Auditorium
18-19 – National TERSSA Conference (Support Staff), Columbus
24-27 – ESP National Conference, Cape May, NJ
26-27 – All FCS Conference, Crowne Plaza, Dublin

NOVEMBER:
1 – 4-H Professional’s Update, 4-H Center, Columbus
2 – Assuring Quality Care for Animals In-service, 4-H Center, Columbus

DECEMBER:
6-7 – Extension Annual Conference, Ohio Union